

# What does a coach want in a player

Let's start with these 8 points

## 1. **COMPETITIVE SPIRIT!**

"Competitive Spirit" was at the TOP of Wooden's Pyramid of Success. "Spirit" is contagious. Coaches want this to spread throughout the team. It makes good teams GREAT. "Spirit" WINS!

## 2. **BLUE COLLAR**

Worker Bee. Lunch Pail. Git-R-Done. Pick your theme. Coaches want players who do the work and find a way! They want a "No Deposit – No Return" mentality. Hard Work WINS. They want players who Bring It Every Day!

## 3. **ACCOUNTABILITY**

Are you: Accountable to yourself? Accountable to your coach Accountable to the TEAM? Coaches do NOT want excuse-makers. Coaches do NOT want blamers. Coaches want Accountable Players.

## 4. **ENERGY GIVERS**

Smiles. High Fives. Fist Pumps. Affirmation. Rhythm Clapping. Lead OUT LOUD. Coaches want ENERGY GIVERS. Energy is contagious. Is your Energy worth catching?

## 5. **LEADER BY EXAMPLE**

Everyone can Lead by Example. It is a choice. Do the right thing. Say the right thing. Be a good person. Do this in your sport, in school, and outside of school. This is a Leader by Example. Lead Yourself FIRST. Then, LEAD OUT LOUD!

## 6. **TEAM PLAYER**

WE > ME. Players who sacrifice their own self-interests for the betterment of the TEAM. They understand that TEAM Sports is about something bigger than themselves. Coaches want "WE" Players.

## 7. **STUDENT-ATHLETE**

Coaches want players who: Are committed in the classroom, Do the work, and Achieve on the court and in the classroom. Coaches want players they can TRUST. No Surprises. Student First!

## 8. **HUMBLE**

Humble players live in the present. They do not live in the past. They do not live in the future. They have a "Next Play" Mindset. They keep the team Humble. Coaches LOVE Humble.

### **Remember**

There are 5 things that tell you the level of commitment they have:

1. What time they arrive at training
2. The attitude they bring
3. Their openness to feedback
4. The questions they ask
5. The extra work they are willing to do – doing the hard yards

This tells you where you are wasting your time

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