

Survivor, Contender, Competitor, Commander

“Which one are you?”

1. **Survivor**: does just enough to get by
2. **Contender**: motivated by external factors only
3. **Competitor**: internally motivated to be his best regardless of the situation
4. **Commanders**: all the traits of a competitor-with one exception-he brings people with him.

“Robert Saleh”

Video Credit: HBO Hard Knocks

