

Move The Ball To Move The Player – 3V3+3+3

GameFocusResetProgression

1. 3v3 inside hexagon, looking for link up play, 1/2s & bounce passes.
2. Players on outside, link up to receive pressure.
3. Rotate.

1. Movement off ball, maintain depth.
2. Pull out of position, player fills space.
3. Left foot passing

Start again by passing to non transgressing player

1. 1 touch
2. 5 passes = goal.
3. Bounce pass & out to support player = 2 goals.

