Hop sumo

GameProgression

- 1. Set out a small circle set on floor.
- 2. Players play 1v1.
- 3. Must stand on one foot ('hop').
- 4. Aim to force opponent out of circle or to put 2nd foot on the floor.
- 1. Play winner stays on or as a team competition
- 2. Could develop into a 'Royal Rumble' style match by adding participants and increasing the size of the circle

