

Draw the defender

Analogies can be a vital coaching tool encapsulating a concept for players – the ‘Matador’ image helps when teaching the tactic of enticing opponents towards you in order to evade them – going against their flow to exploit the space they’ve vacated



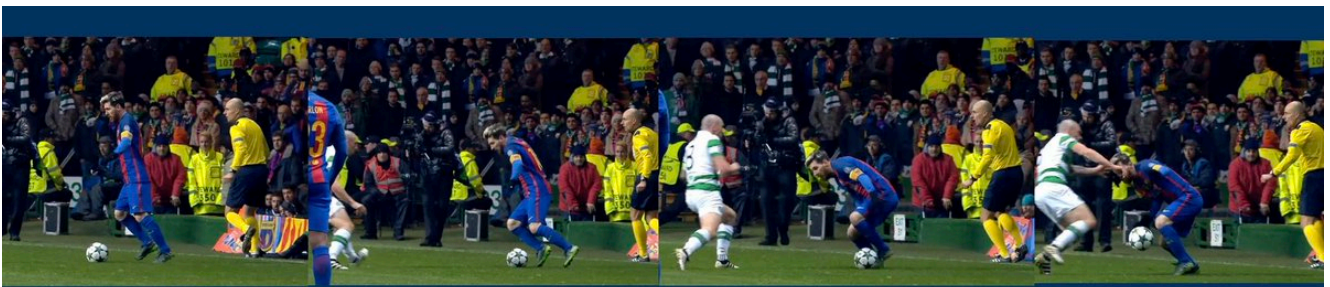
Language is vital in creating clarity, simplifying a concept as well as ingraining an attitude connected to a skill – the ‘Arrogance of timing’ emphasises the confidence that the ball carrier is in control – has an air of superiority – almost ‘intimidation by skill’



'THE ARROGANCE OF TIMING'



'Getting close to the fire without getting burned' is a vital concept for players to learn but is opposite to what many coaches preach – 'pass it quick' – '1&2 touch' – 'ball speed' – 'touch & pass' are phrases we've all used & 99% of the time will be correct ...but



'GETTING CLOSE TO THE FIRE WITHOUT GETTING BURNED'



Players need to experiment so they learn to "hold the ball for the right amount of time" – that may be passing first time or holding it to entice their opponent really close – if you

bring them close & they commit, the advantage you gain in opposite flow is even bigger



BIG credit goes to

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