4v4 + Magic Players

Objective — Keep possession until you can score

GameFocus/PrinciplesResetProgression

- 1. 4v4 plus 2 magic players
- 2. Std game which you can play with/without keepers
- 3. The aim is to keep possession
- 4. To motivate this the score is based on the number of passes before you score being the goals in that moment

In possession

- 1. Leading high and wide
- 2. Stick to stick
- 3. Safety with guard
- 4. Width

Out of Possession

- 1. Defend the centre & line to goal
- 2. Compact so cannot pass through
- 3. Pressure on the carrier if close
- 1. Over the side normal rules
- 2. Over the backline then swop attacking teams
- 3. Freehit then coach passes in to NON-offending team
- 1. Remove a magic player
- 2. Change scoring to make it more advantageous to keep the ball
- 3. Provide each team with 5 balls so they are under pressure not to risk things

